

**February 10, 2023**  
**Riverwalk Quilters Newsletter**

**Our February program will be *online only!***

You won't want to miss it! So stay in your PJs and grab a hot cocoa or glass of wine and join us!

***Make sure you read all the news...every page has information you can use!***  
***This month:***

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Naperville, Illinois

Volume 32, Issue 8  
February 10, 2023



# Riverwalk Quilters Guild

## President's Message



### Heart Health

February of course brings images of hearts and thoughts of love. It's an ideal time for updating our knowledge of women and heart health. Do you know the signs of heart failure that can be unique to females? Visit the Mayo or Cleveland Clinic websites for reliable information. Know the signs of heart trouble and be proactive.

Keep in touch (real, live conversation) with friends who may not be feeling well. Perhaps they are experiencing some of those symptoms. Reaching out to others about heart health is a genuine sign of love.

### Caring from the Heart

A key component of our Guild is philanthropy. The quilts we make with heartfelt effort are a tangible gift of love. Any member can contribute to this wonderful outreach. You will be making a difference in someone's life.

If you've not participated and would like to, please read on; our philanthropy article provides details, and don't forget to mark your calendars for our upcoming rollicking philanthropy sew-in March 14.

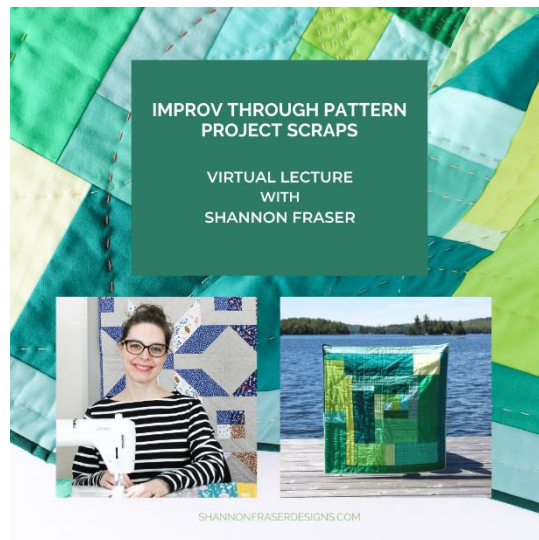
Lorraine

**Bylaws Reminder:** At our February general meeting, we'll discuss our proposed Bylaws. They were sent earlier in a separate email and are also included with this newsletter. Please be ready with your questions and comments.

Bev Parker



Coming February 14, 2023



### Start gathering your scraps! Shannon Fraser to Teach Improv Using Your Leftover Fabric Scraps

Ever wondered what to do with those fabric scraps leftover from tackling a quilt pattern? Try improv!

At our February meeting, modern quilt designer, Shannon Fraser of Montreal, Canada, will walk you through how she sets herself up to make the most of her project fabric scraps and how she uses it as an opportunity to let loose and channel her creativity. This is all about discovering the possibilities that can be created from leftovers and thinking outside the quilting box! Shannon will also share quilts she's created using this approach and share tips on how you can use this approach in your own quilting practice.

Quilting is expensive, let's maximize our fiber dollars!

You can follow Shannon and all her quilting adventures in the following places:

Instagram: @shannonfraserdesigns

Facebook: Shannon Fraser Designs

Website: <https://shannonfraserdesigns.com/>

## Zoom Assistants Needed

Hi everyone,

We are looking for a few more experienced Zoom users who would be willing to moderate a meeting.

I'm also willing to teach you if you are interested. We need this for a few meetings this year and also next year.

Please contact me if you would like to know more.

Thank you!

Kathy Herbach

[RQGVideoCom@gmail.com](mailto:RQGVideoCom@gmail.com)

## Membership

We have five months left this year. Do you know someone who might want to come and see what a quilting guild does? Maybe you know someone who sews and is retiring soon. Bring them to a meeting! Just think, they might have some great fabric for the rummage sale!!

Happy Valentine's Day,

Margaret Zitt

Membership

## Philanthropy

January 2023 has gotten off to a great start! The guild provided 30 hand warmers, 6 quilts and 3 reading pillows to Monarch Springs and the Ronald McDonald House in Winfield.

Our next in person meeting will be March 14th. Members can still drop off or pickup kits, bindings or quilt tops that need quilting during this time. The contact drop off people will be Nancy Sturgeon [nisturgeon@gmail.com](mailto:nisturgeon@gmail.com) and Norma Beckenmeir [quincy\\_227@yahoo.com](mailto:quincy_227@yahoo.com). Nancy and Norma will be available December 14th thru March 8th.

We are truly grateful for all your time and hard work during January. We would like to recognize the following members ; Kathy H., Judy L., Norma B., Darlene S., Leesa J., Amy S., Kay P., Jill B., Donna M., Yvette T., Lyn H., Ganga G., Becky K., Marlene M., Sandy B., Linda K. and Lorraine N. We hope we haven't missed anyone. Let us know if we did. We could not do this without everyone's help.

We received 54 hand warmers, 3 reading pillows, 4 completed quilts, 6 quilt tops, 17 quilts quilted, 8 bound quilts, 2 kits assembled and 24 quilts were labeled! We handed out 14 quilts to be bound and 4 to be quilted.

Finally, the philanthropy sew-in will be on March 14th, 2023 at Knox Presbyterian Church from 6:30 until 9:30. All members are invited. We have kits all cut out and ready to be sewn for this year's project. We will provide irons and ironing stations as well as a cutting station for trimming up a quilt.

Please bring your sewing machines, scissors, thread, etc. necessary for sewing. If you are not able to sew that night, there will other tasks you can help with, ironing, trimming or just to socialize with the members of the Guild. A good time is always had by all!

It is bring your own snacks and water . If you have any questions, please contact Terri Hayes or Judy Long (contact info in the directory). We look forward to seeing everyone at the philanthropy sew in.

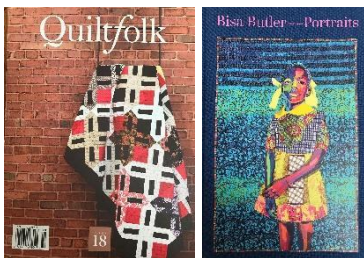
Terri Hayes and Judy Long

## Library News

Our library continues to be available during these winter months while we meet by zoom only. Contact Lynn by email. Find us at o [rqglibrarian@gmail.com](mailto:rqglibrarian@gmail.com) to request a title and we'll get it to you. We had quite a number of books checked out at our last in person meeting in December. Those will be due at the March meeting unless you'd like to take care of it earlier. Just contact us and we'll arrange for a drop off or pick up.

The new Bisa Butler book has been returned and is available if anyone is interested. We also have a new issue of Quiltfolk featuring Illinois! These magazines have been quite popular and this one will be of special interest. If you'd prefer to access our list of books in PDF form (as opposed to using Librarything) here is a link to our entire collection. [RQG Library](#)

Library is considering new acquisitions. If you have a recent title (past 5 years) that you've enjoyed but are ready to part with, please consider donating it to the RQG library. Contact Lynn or Linda to discuss.



## Show and tell

We are again going to have show and tell over Zoom this month. Please send your photos to me, Yvette Thorn by Monday evening February 13. I will collate them into a presentation and you can talk about your work during the presentation. I look forward to seeing all the good work. My email address is in the directory.

Yvette Thorn

## RWQG Challenge with Lacy Delicacies.

**Vintage fabric and lace challenge is due in March. We will view the items in a slide show.**

Now is the time to focus on projects created with the delicate lacy items donated by Darlene Schille. Many of you chose a doily or the like at the Guild meeting in July, August and November. We still have more items available to choose from at the December meeting. You may also use your own treasure. Is there a Christmas or Hanukkah decoration you could dream up?



Vintage Lacy Challenge details

1. Lacy item can be modified, embellished or may even become the embellishment. Use over 1/2 of chosen piece. Consider the possibility of unraveling, if only using a portion.
2. Some quilting is required on your project, but it isn't needed on the lacy or vintage handwork piece.
3. Size: The outside perimeter of any chosen shape is between 12" and 144". For instance, the 12" perimeter is equivalent to a 3-inch square item. The 144" perimeter is equivalent to 3-foot square item.
4. Picture is due for the March Guild meeting.

No application process is needed; just submit project photo(s) for inclusion in a March ( a revised due date) slide show - a process similar to submitting pics to last year's show-n-tell. The reveal via a slide show will be at our March meeting. Photo(s) should be emailed to Yvette Thorn at [yvettethorn80@gmail.com](mailto:yvettethorn80@gmail.com) by Monday afternoon at 5pm, March 13. Bring your challenge to the meeting in March if you are attending in-person so we can see also see your item close-up and personal as well as in the slide show.

Need more Ideas for how to add the handwork item?

- A. Watch on YouTube How to sew Heirlooms with Doilies: <https://m.youtube.com/watch?v=6pWWcNP8YUQ>
- B. Where might you add the lacy handwork? Quilt. Christmas stocking. Journal cover. Pillow. Tote bag.
- C. Search on Pinterest with the words “doily on quilt.”
- D. For a little history on lace doilies:  
<https://pieceworkmagazine.com/push-pull-doily/>  
**RQG art quilts on display at Naperville gallery**

Our guild’s 2022 challenge titled “One Color” is on the road! The original art quilts are displayed during the month of February at the Naperville Fine Art Center & Gallery, 508 N. Center St. in Naperville.

The Naperville Art League’s February members show is titled “Show Us Your Colors”. The synergy of the two exhibit themes makes for an exciting gallery display. Everyone is encouraged to go see the show. Hours are Tuesdays through Fridays 10 am to 5 pm and Saturdays 10 am to 4 pm. Admission is free. This is the first of hopefully several locations where the “One Color” quilts will be displayed. If you know of a location that may be interested, contact Loraine Nemo.

### **Fiber Art on display at Downers Grove library during February**

Original works by members of the Professional Art Quilt Alliance (PAQA) and the Fiber Art Divas (FAD) are on display through March 1, 2023 at the Downers Grove public library, 1050 Curtiss St, Downers Grove, IL.

PAQA, a group of Midwest fiber artists, meets monthly in suburban Chicago to share techniques, encourage fellow artists, and discuss professional issues. Read more about PAQA and see examples of their work at [artquilters.com](http://artquilters.com).

Fiber Art Divas is a group of fiber artists who meet monthly at the Naperville Fine Art Center & Gallery, 508 N. Center St in Naperville IL. Show and Tell and demos are ways the attendees learn from each other. Meetings, open to fellow enthusiasts, are held on the fourth Monday of each month at 7 pm. Contact [www.napervilleartleague.com](http://www.napervilleartleague.com) or [fiberartdivas.blogspot.com](http://fiberartdivas.blogspot.com).

### **Call for Artists**

Naperville Art League will be hosting its annual Public Art Competition in April. For the informational flyer go to:

[http://www.napervilleartleague.com/uploads/1/0/8/4/10841266/pac-chromesthesia\\_2023.pdf](http://www.napervilleartleague.com/uploads/1/0/8/4/10841266/pac-chromesthesia_2023.pdf)



## Pride of Prairie Show



Hello Fellow Quilters!

We are very excited to announce that we will soon be hosting our Guild quilt show, "It's a Quilt, Not a Blanket" in March and are excited to share with you all the details about our upcoming event:

Saturday, March 11 9am to 5pm  
Sunday, March 12 10am to 4pm

Location  
Richland Grade School  
1919 Caton Farm Rd  
Crest Hill, IL

More than 375 Quilts on Display!  
Quilt Challenge  
Merchant Mall  
Opportunity Baskets  
Silent Auction  
Scrap Sale  
Book, Pattern & Magazine Sale

Admission \$7 for adults and all children under 12 - Free

We are so excited to gather again as a community of quilters and look forward to seeing you and your guild members at our event. Please share this information at your guild meetings and in your newsletter. I have also attached a copy of our flyer which you are welcome to print and/or enclose in your newsletter as well.

Should you have any questions regarding this information, please feel free to contact me directly by return or check our guild website at [www.prideofprairie.org](http://www.prideofprairie.org)

Sharon Thomsen  
Pride of the Prairie Quilt Show Co-Chair

## 2022-2023 RQG EXECUTIVE & COMMITTEE POSITIONS

POSITION	NAME
President <a href="mailto:RQGPresident@gmail.com">RQGPresident@gmail.com</a>	Loraine Nemo
Vice President <a href="mailto:RQGVicePresident@gmail.com">RQGVicePresident@gmail.com</a>	Bev Parker
Secretary <a href="mailto:RQGSecretary@gmail.com">RQGSecretary@gmail.com</a>	Heidi Enright
Treasurer <a href="mailto:RQGTreasurer@gmail.com">RQGTreasurer@gmail.com</a>	Tracy Husch-Lissak
Contracts <a href="mailto:RQGContracts@gmail.com">RQGContracts@gmail.com</a>	Nancy Sturgeon
Hospitality <a href="mailto:RQGHospitality@gmail.com">RQGHospitality@gmail.com</a>	Position Open
Library <a href="mailto:RQGLibrarian@gmail.com">RQGLibrarian@gmail.com</a>	Lynn Hamilton & Linda Kurcz
Membership <a href="mailto:RQGMembership@gmail.com">RQGMembership@gmail.com</a>	Margaret Zitt
Newsletter <a href="mailto:RQG.Newsetter@gmail.com">RQG.Newsetter@gmail.com</a>	Sandy Bray
Philanthropy <a href="mailto:RQGPhilanthropy@gmail.com">RQGPhilanthropy@gmail.com</a>	Terri Hayes & Judy Long
Programs <a href="mailto:RQGPrograms@gmail.com">RQGPrograms@gmail.com</a>	Sherry Gendel
Small Quilt Auction	Sue Damitz and Fabric Fondlers Bee
Special Events <a href="mailto:RQGSpecialEvent@gmail.com">RQGSpecialEvent@gmail.com</a>	Position Open
Social Media <a href="mailto:RQGSocialMedia@gmail.com">RQGSocialMedia@gmail.com</a>	Margaret Donahue
Website <a href="mailto:RQGWebsite@gmail.com">RQGWebsite@gmail.com</a>	Rosemary Sanza
Video Communications <a href="mailto:RQGVideoCom@gmail.com">RQGVideoCom@gmail.com</a>	Kathy Herbach
Annual Holiday Party <a href="mailto:RQGHoliday@gmail.com">RQGHoliday@gmail.com</a>	Position Open
Photo Membership Directory & Rummage Sale	Nancy Sturgeon

The Riverwalk Quilters Guild newsletter is published monthly. To submit articles for inclusion, contact our RQG Newsletter Chair by the 4th Tuesday of the month. Guild members may place free ads for personal use only. Please make sure the ad is directly related to our shared hobby.

If the ad is for a business, Rates are as follows:

**Full Page:** \$50.00

**Half Page:** \$25.00

**Quarter Page:** \$12.50

**Eighth Page:** \$5.00

Full page ad available for single month only.

Make checks out to **Riverwalk Quilters Guild** and mail to the following address:

PO Box 5092 Naperville, IL 60567